

# I Love Stawell campaign launched

**STAWELL** - A new initiative has been launched by Landmark Harcourts in Stawell to encourage residents to speak out about why they love their town.

The 'I Love Stawell' campaign will be operated through social media site Facebook and encourages residents to share stories and photographs about why they chose to live here and what they love about Stawell.

Bruce McIlvrde, Licensed Agent of Landmark Harcourts Stawell, said many residents had lived in Stawell all their lives, some had been here for 20, 30 or 40 years and he believed it was important for them to share their

stories about what brought them here and more importantly, what has kept them here.

"The campaign aims to promote the town in a positive light by letting others know what is so good about Stawell," Mr McIlvrde said.

"We chose to use Facebook as the medium to get the I Love Stawell message out there, as it will allow our community and tourists to the district to spread the message as far and wide as possible."

Landmark Harcourts Stawell has had I Love Stawell stickers produced and will be giving them away in the hope residents and tourists will place them on

their cars. That way, when I Love Stawell stickers are spotted in other towns, it will spark interest and possibly encourage visitors to the district.

A photographic competition using Facebook, will also be conducted where people can submit a photograph of any landmark, person, event or business that appeals to them in Stawell. This competition will continue through to the end of September.

In addition to the photographic competition, Landmark Harcourts will also be conducting a drawing competition with primary schools in the region. Students will be

given the opportunity to draw a picture of what they love about Stawell and submit that for the chance to win prizes.

Anyone can participate by going to Facebook, liking the I Love Stawell Facebook page and contributing their own comments and photographs.

"As a local real estate agent, you become very connected with the mood and optimism of the local community and over recent months, particularly since the announcement of the pending mine closure, I've sensed a feeling of economic uncertainty amongst our residents," Mr McIlvrde said.

"Rather than dwell on issues beyond our control, or relying on council to stimulate growth, why not take some action of our own to help promote this fantastic town and region?"

"We see the I Love Stawell campaign as a simple way in which the community can help stimulate interest and drive prosperity in Stawell."

Residents wishing to share with others their stories on why they love Stawell, can simply visit the I Love Stawell Facebook page at facebook.com/ilovestawell

## New faces join team at Navarre Minerals

**STAWELL** - With the warm weather now starting to become more frequent Navarre Minerals will soon begin its new season of exploration under the guidance of new exploration manager Wessley Edgar.

Mr Edgar joined Navarre Minerals at the end of July with more than 20 years' experience in the resources industry, predominantly in gold mining and exploration.

Navarre Minerals managing director Geoff McDermott said Mr Edgar had brought with him plenty of fresh ideas.

"He has been here for about three weeks now and is already starting to have a significant impact on what we are doing," he said.

"At the moment at this time of year during the winter we are doing a lot of planning work while the ground is wet and the farmers have their crops in, it is generally a period of planning and getting everything ready to go ahead of the new season."

Since joining the company Mr Edgar has undergone an induction and has a firm understanding of Navarre Minerals' targets.

Mr McDermott said the first bit of exploration would commence in the coming weeks, with a site in Sebastian, north of Bendigo already established.

"Potentially we've got some work out in Kingston as well and we will be looking to start drilling around October," he said.

"It is all in the planning stage at the moment and trying to find our drilling contractors."

With reports that the resources boom is winding down in Western Australia and Queensland, companies like Navarre Minerals are set to benefit due to more contractors being available to carry out works.

"We are finding it a little easier to find drill contractors mainly because of the reports you hear that the resources boom is over."



The team at Navarre Minerals in Stawell L-R accountant Jodie Ford, exploration geologist Daniel Braunsteins, managing director Geoff McDermott, Sam Bibby (Field Support), office manager Marlene Erard and new exploration manager Wessley Edgar. Picture: KERRI KINGSTON.



**STAWELL**  
REGIONAL HEALTH

## Community Update [www.srh.org.au](http://www.srh.org.au)

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### SRH welcomes extra funds

The State Government has announced that Stawell Regional Health (SRH) will be allocated \$14.3 million over the next year. This increase of 2.5 per cent on last year's allocation from the State Government will help SRH organisation to achieve even better service delivery in Stawell and across the district. The organisation is in a good financial position right now due to streamlined operations, capital grants and community fundraising, details of which can be reviewed in the soon-to-be-released 2011-2012 Annual Report.

### St John of God wins tender

St John of God has successfully won a tender to continue with their pathology services from Stawell Hospital for another four years. Congratulations to the St John of God team!

### Free bone health tips

Many people recently took up an offer for a free bone density scan as part of Healthy Bones Week. If your results showed that you have decreased bone density (osteoporosis or osteopenia) you may benefit from a free information session on Wednesday, September 19 from 1.30pm to 3pm at the Stawell Health and Community Centre (SHACC). You'll hear from SRH's Dietitian and SHACC's Lifestyle Coordinator and be treated to afternoon tea. To book, please call 5358 8531.

### Prostate check reminder

September is Prostate Cancer Awareness Month,

so it's a good reminder for all the men out there to have their prostate checked! Prostate cancer is the most common cancer in Australia, with 20,000 men diagnosed and close to 3,300 deaths each year. Chat to your doctor today about being tested. For more information visit [www.prostate.org.au](http://www.prostate.org.au)

### Allied Health coming to you

This month the SRH Allied Health team will visit Halls Gap (20th) and Marnoo (27th), followed by visits to Navarre on October 4 and Landsborough on October 11. This is your chance to book time with a wide range of health practitioners including a dietitian, physiotherapist, podiatrist, community health nurse and counsellor. The occupational therapist and speech pathologist are available for individual appointments, but not on these outreach dates. For questions and appointments please call 5358 8531.

### Perfect chance to change lifestyle

SRH is searching for locals who would like to make a lifestyle change - including diet, exercise and stress levels - to take part in a free six-week 'Lifestyle Challenge' program from November 12 this year. The informal and interactive program will tackle a wide range of subjects and each participant will have their own personalized plan and 'health coach'. It's an initiative between SRH and Grampians Community Health. For more information call Katrina Toomey on 5358 8611 or [katrina.toomey@srh.org.au](mailto:katrina.toomey@srh.org.au)

## What's On

### September 28 - National Walk to Work Day

Leave the car and bike at home and walk to work! Better still, meet your mates at the corner and walk together. Great for your health and the environment!

### September 29 - World Heart Day

Heart disease is the world's largest killer, claiming 17.3 million lives a year. Risk factors include high blood pressure, cholesterol and glucose levels, smoking, inadequate diet, obesity and physical inactivity. Make a date with your doctor today for a heart check up, or get in touch with Community Health Nurse Crystal Wemyss for health tips on 5358 8617.

### Coming Up:

Fishers Supa IGA Charity Golf Day, Stawell Golf Club

## Local, healthy fun!

### Cato Lake Walkers

Join the group for a walk around Cato Lake each Thursday from 9.30am for around an hour. Call Elsie on 5358 1091 or Percy on 5358 4709.

### 'On Track' Community Kitchen Group

For people with diabetes. Held every second Wednesday from 10.30am to 1pm at Stawell Health & Community Centre. Cost \$3 per person including lunch. Inquiries: 5358 8611.

### Free health programs

SRH offers ongoing programs targeting mobility (gait and balance) and cardiac pulmonary health for those who have a heart condition or chronic lung disease. For more information contact 5358 8531.